

Post Implementation Survey for the Arizona Nutrition Standards Grades K-8
School Year 2006-2007

- 1. Did you attend a training specific to the Arizona Nutrition Standards or Day 2 of the A+ School Lunch Training?**

Yes ☐ No ☐ Not Sure ☐

- 2. The Arizona Department of Education has offered adequate training and tools to help you implement the Arizona Nutrition Standards.**

Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐

- 3. Do you sell entrée items a la carte?**

Yes ☐ No ☐ Not Sure ☐

- 4. Are the food standards for entrées appropriate?**

Yes ☐ No ☐ Not Sure ☐

- 5. If you answered “no” to question 4, what standards should be modified?
Please fill in all that apply.**

Portion Size (No larger than NSLP entrée)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Sodium (800 mg)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Calories (400)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Fiber (1 g minimum)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Total Fat (35% calories from fat)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Saturated and Trans Fat (10% calories from fat)	Increase <input type="radio"/>	Decrease <input type="radio"/>
%Sugar by Weight (35%)	Increase <input type="radio"/>	Decrease <input type="radio"/>

- 6. Are the food standards for all other food items appropriate?**

Yes ☐ No ☐ Not Sure ☐

- 7. If you answered “no” to question 6, what standards should be modified?
Please fill in all that apply.**

Sodium (600 mg)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Calories (300)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Fiber (1 g minimum)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Total Fat (35% calories from fat)	Increase <input type="radio"/>	Decrease <input type="radio"/>
Saturated and Trans Fat (10% calories from fat)	Increase <input type="radio"/>	Decrease <input type="radio"/>
%Sugar by Weight (35%)	Increase <input type="radio"/>	Decrease <input type="radio"/>

8. Are the beverage standards appropriate?

Yes ☐ No ☐ Not Sure ☐

**9. If you answered no to question 8, what standards should be modified?
Please fill in all that apply.**

Portion Sizes for -

Milk	Increase portion Size <input type="radio"/>	Decrease Portion Size <input type="radio"/>
Juice	Increase Portion Size <input type="radio"/>	Decrease Portion Size <input type="radio"/>
Smoothies	Increase Portion Size <input type="radio"/>	Decrease Portion Size <input type="radio"/>
Isotonic Sports Drinks	Increase Portion Size <input type="radio"/>	Decrease Portion Size <input type="radio"/>

Caffeine Restriction ☐

Isotonic sports drinks should be allowed in Elementary Schools? Yes ☐ No ☐

Isotonic sports drinks should be prohibited in Junior High/Middle Schools? Yes ☐ No ☐

10. If you provide a la carte options to your elementary school students, choose the phrase that best describes a la carte participation at your district/school since the implementation of the Arizona Nutrition Standards.

Increased Significantly ☐ Increased Moderately ☐ Increased Slightly ☐

Decreased Significantly ☐ Decreased Moderately ☐ Decreased Slightly ☐

Stayed the Same ☐ Does not apply ☐

11. If you provide a la carte options to your middle/junior high school students, choose the phrase that best describes a la carte participation at your district/school since the implementation of the Arizona Nutrition Standards.

Increased Significantly ☐ Increased Moderately ☐ Increased Slightly ☐

Decreased Significantly ☐ Decreased Moderately ☐ Decreased Slightly ☐

Stayed the Same ☐ Does not apply ☐

12. Choose the phrase that best describes elementary school participation in National School Lunch Program reimbursable meals in your district/school since implementation of the Arizona Nutrition Standards.

Increased Significantly ☐ Increased Moderately ☐ Increased Slightly ☐

Decreased Significantly ☐ Decreased Moderately ☐ Decreased Slightly ☐

Stayed the same ☐

13. Choose the phrase that best describes middle/junior high school participation in National School Lunch Program reimbursable meals in your district/school since implementation of the Arizona Nutrition Standards.

Increased Significantly ☐ Increased Moderately ☐ Increased Slightly ☐

Decreased Significantly ☐ Decreased Moderately ☐ Decreased Slightly ☐

Stayed the same ☐

14. What type of sponsor does your site(s) represent?

Elementary District K-8 ☐ Unified District K-12 ☐ Charter School K-8 ☐

Charter School K-12 ☐ Private School ☐ High School District 9-12 ☐ Other ☐

15. What numerical range below best describes your district and/or school population size?

0-500 ☐ 501-2,000 ☐ 2,001-5,000 ☐ 5,001-10,000 ☐ 10,001-15,000 ☐

15,001-20,000 ☐ +20,001 ☐

16. What percentage Free/Reduced describes your district?

0-24% ☐ 25-49% ☐ 50-74% ☐ 75-100% ☐

17. In general, do you support the concept of nutrition standards for grades K-8?

Yes ☐ No ☐ Not Sure ☐